

European Sathya Sai Education



COURSE 1
SIGULDA, LATVIA



**EESE FACULTY
ACTIVITIES**



**ESSE PROJEKT
HAITI**

ESSE 2020 REVIEW

We would like to thank those of you, who have lovingly supported and worked with us through the challenging time of 2020. It has for sure been an unexpected year, where many of our planned activities were put on hold or directed into other platforms of connecting.

More than ever it is important to remember to listen to our heart and qualify our interactions with love, kindness, patience, compassion and respect. It is a time where we can overcome challenges by staying united and committed to the task of awakening the heart of humanity and inspire them to transform their lives and live according to the Universal Human Values. To inspire children and grown ups to be mindful, to be aware of every aspect of their lives – within them and around them. To make conscious choices. To be conscious of the thoughts and beliefs that are shaping their lives.

2020 may also have given us the possibility to experience a relaxed time-out from the normal activities and instead intensifying our spiritual practises. A time, where we could align heart and mind and get inspiration for meeting the challenges and plan for the next step in our life and work; creating awareness about how to make the best use of our time, resources, energy and efforts.

The ESSE Institute is in the process of planning 2021, and it would be wonderful to include your wishes or ideas for the year to come. So we would like to hear from you, if you have any wishes, ideas or new initiatives, which can promote our united effort to further value-based education as well as SSEHV projects for the society at large.

In the 2020 Review below, we are sharing some of the ESSE activities, which have taken place in spite of the Covid-19 challenges. If you have been able to conduct activities locally, please let us know, and we will include it in later communication or on our website.

With Loving Regards
The ESSE Team

Latvia

The Philosophy of Sathya Sai Education (Course 1 Module 1)

In February 2020 the first module of Course 1 was organised in a charming wooden house in Sigulda. 26 participants, teachers and educators as well as parents, interested in bringing values to children, were introduced to the principle of Educare. The main goal of this module was to give the basic understanding of the 5 universal human values leading to character transformation.



After the seminar a teacher, who participated in the seminar, invited the ESSE Team to visit her preschool called “School of Conscience”.

The aim of Education is not only cultivating human qualities, but attaining self-knowledge.

Impressions



homepage: <http://www.esse-institut.de/en/impressions>

From the Feedback of the two seminars:

- I liked explanations with real life examples
- I got a lot of inspiration for family relationships
- I realised more and more the importance of conveying my convictions, experiences and beliefs
- It affected me very deeply because it touched on a topic without a special reason, which is very relevant for me right now
- I was inspired to work more with character than just skills
- I became even more aware of the importance of investing time, resources in educating our children about human values because our society does not teach them
- The workshop helped me understand where I am in my development
- The main idea of daily work with oneself, to be able to influence positively its students, crystallised.
- A deeper understanding of education emerged
- I felt that my service to children is important. Particularly I liked to hear about crisis. To my work in class - silent sitting, quotes, similarities with nature, Teacher as example. I was surprised that lecturers are familiar with Latvian culture, traditions and values!
- For me it is big support. I got a lot of information about work in class, but most important attitude and quality of life.



The Pedagogy of Sathya Sai Education (Course 1 Module 2)

The next module was again conducted in Sigulda during a weekend in September - shortly before a close-down took place due to the Covid-19. This time with the Trainers online. The 21 participants (including 3 from Estonia and 1 from Lithuania) was introduced to the methods and teaching approaches, giving a deeper insight in how to awaken the inner potential in children as well as grown-ups. The importance of our role as educators, parents or colleagues were discussed and followed up by the integral relationship of the Human Personality and the Human Values.

In both seminars, the participants were enthusiastic and took part in the workshops with great interest. Their discussions about how to identify, develop and bring out human values in the children showed a deep understanding.

After this an individual follow up of the Module 2 took place during 2 weekends in the autumn.

Keipene Primary School

A group of 14 teachers from the Keipene Primary Schools took part in these 2 modules and it resulted in a one-day online session in December, where the rest of their school was introduced to the universal human values based on the principles of Educare. The seminar was received well and made the ground for the future work in the school.



Children of the Keipene School
expressing their thoughts on
universal human values



The Netherlands

During spring 2020 the Dutch Team had their first experiences with online seminars, from where 2 participants were ready to present their assignments to the ESSE Trainer team for certification of Course 2. The presentations and certificate award took place online in September.

Additionally a very interesting Course 3 Project about the Teacher Training in Haiti was presented. The certification will be given, when the final edition of the written report has been received.

Haiti

HOPE, the ESSE Outreach Project in Haiti continued to support free primary education with human values education for a total of 550 destitute children in three primary schools in Haiti. Since September 2018, the Ecole Mixte de la Nouvelle Jérusalem (EMNJ), located in Torcelle, opened a second location in Galette, on the outskirts of the Capital, at



the request of the people who settled the dry riverbed there, after the earthquake. The first year 90 students joined, in 2020 they are already 200. A small water and sanitation

project financed through the SSIO and private donors provided the very first access to water and toilets for the students, as well as for the surrounding community.

ESSE Faculty Activities

In **The Netherlands** the ESSE Institute Team has continued the very inspiring cooperation with the Dutch Trainer Team and the development of the ESSE training into Dutch for Course 1 and 2 has now been finalised. This process has really been a wonderful exchange and mutual learning process.

The same process is going on with the **ESSE Campus Trainers of Zone 8**. They have a very qualified and dedicated Team, which are now present in all regions conducting the ESSE Seminars continuously. As the possibility for traveling has been limited also here, most of the seminars are introduced online. In May we conducted an online session together and one Course 3 candidate was rewarded a certificate for an interesting field project showing the good result of bringing SSEHV to a group of children (age 12-13). All living at a boarding school, due to being mentally traumatised. 5 Course 2 certificates were granted as well.

In **Kazakhstan** the Government together with the Bobek Team conducted an Educational Conference titled: "Self-knowledge: a mission in the name of a child". One representative from the ESSE Faculty and 2 from the Z8 Campus were invited to give presentations in the online Pedagogical Forum. 500 Participants took part. They were representatives of the Ministry of Education and Science in Kazakhstan, as well as regional departments of education, employees of the National Bobek Center, scientists, leaders and teachers of the Self-Knowledge Programme, secondary education organisations, and universities. Finally also some parents and students participated in the event.

The **German Campus** team put a focus on the area of "Human Values in Working Life", emphasizing on the working areas of business, health and social affairs. Discussions focused on universal human values, human values and leadership tasks, human values in teams and man management.



They also worked to qualify more staff to meet the possible demands of the future. Four dedicated new staff members prepared for a seminar that can bring universal human values to society in the coming year.

Then deepening of teaching competence in group-singing, led by an experienced musician and composer, was introduced. The participants were soon able to expand their value-song repertoire and invent their own lyrics to melodies.

Another seminar worked with creative activities on the topic of „purity“.



Finally two inspiring Course 3 presentations were given to an interested audience. One of them was about how human values can improve



the integration of children with a migration background. In the second project, the

candidate dealt with the question of workflow and appreciation. The project reflected on the impact of the conscious use of human values in the workflow of a personnel placement service in the medical profession.



ESSE Institute Webinar

This year the ESSE Institute Team also had the possibility to get a closer look into the concept of ‘Social and Emotional learning’ through an online **SSEHV Webinar**. Having the skills of self-management, relationship skills, and the ability of making responsible decision are important prerequisites for reaching the spiritual level of self-realisation, which is the aim of SSEHV. Being able to practise mindfulness and having awareness of the present moment, without judging, is the foundation for building meaningful relationships with others and the wider world.

Together Everybody Achieves More